

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNCH		<p>3</p> <p>1 oz CN Hamburger Patty w/ Ketchup 1 WG Bun (1.8 oz) 1/8 c Baked Beans 1/8 c Mandarin Oranges 1/2 c Milk</p> <p><i>Veg: 1 Veggie Burger</i></p>	<p>3</p> <p><u>Make Your Own Wrap</u> 1 oz Turkey (2 slices) 1 tbsp Hummus 1/2 oz Cheddar Cheese 1 WG Flour Tortilla 1/4 c Broccoli w/ Ranch 1/8 c Fresh Fruit Salad 1/2 c Milk</p> <p><i>Veg: 1/4 c Hummus Wrap w 1 oz Fresh Mozzarella Cheese</i></p>	<p>4</p> <p>2 Chicken Tenders w Honey Mustard 1 WG Cornbread 1/8 c Cooked Carrots 1/8 c Applesauce 1/2 c Milk</p> <p><i>Veg: 2 Vegetarian Nuggets</i></p>	<p>5</p> <p>1/4 c Macaroni & Cheese (2 oz M/MA, 1/4 c wg noodles 1/2 oz) 1 oz String Cheese 1/8 c Peas 1/8 c Fruit Mix cocktail 1/2 c Milk</p> <p><i>Veg: Same</i></p>
	<p>9</p> <p>1/4 c Beef Vegetable Lomein (1/8 c Stir Fried Asian Vegetables, 1/8 c Beef) 1/8 c Lomein Noodles 1/8 c Mandarin Oranges 1/2 c Milk</p> <p><i>Veg: 1/4 c Vegetable Lomein/1 String Cheese</i></p>	<p>10</p> <p>2 Chicken Nuggets 1 WG Roll (1 oz) 1/8 c Corn 1/8 c Pears 1/2 c Milk</p> <p><i>Veg: 2 Vegetarian Nuggets</i></p>	<p>11</p> <p>2 oz Fish Fillet 1 WG Biscuit 1/8 c Steamed Carrots w Ranch 1/8 c Tropical Fruit Salad 1/2 c Milk</p> <p><i>Veg: 2 oz Vegan Fish</i></p>	<p>12</p> <p>1/4 c Chicken Spaghetti (1 oz Chicken and 1/4 c Noodles) 1/8 c Steamed Spinach w Italian 1/8 c Fresh Fruit Salad 1/2 c Milk</p> <p><i>Veg: 1/4 Cheesy Spaghetti/1 String Cheese</i></p>	<p>13</p> <p><u>Make Your Own Burrito:</u> 1/8 c Black Beans 1/8 c Shredded Monterey Cheese 1 6 in WG Tortilla 1/8 c Shredded Romaine 1/8 c Peaches 1/2 c Milk</p> <p><i>Veg: Same</i></p>
	<p>16</p>	<p>17</p> <p><u>Make Your Own Taco</u> 1/4 c Beef Taco Meat 1/8 c Shredded Lettuce 1 TBSP Shredded Cheddar Cheese 1 oz WG Tortilla 1/8 c Diced Melon Salad 1/2 c Milk</p> <p><i>Veg: 1/4 c Black Beans</i></p>	<p>18</p> <p>3 Cheese Ravioli w Marinara Sauce 1/8 c Peas 1 oz WG Roll 1/8 c Pineapple 1/2 c Milk</p> <p><i>Veg: Same</i></p>	<p>19</p> <p>2 oz Tuna Salad 1 Slider WG Bread 1/8 c Steamed Broccoli w Italian 1/8 c Mandarin Oranges 3/4 c Milk</p> <p><i>Veg: 2 oz Fresh Mozzarella Cheese</i></p>	<p>20</p> <p>1/4 c Macaroni & Cheese (2 oz M/MA, 1/4 c wg noodles 1/2 oz) 3/8 c Vegetarian Baked Bean 1/8 c Cooked Cauliflower 1/8 c Diced Cantaloupe 1/2 c Milk</p> <p><i>Veg: Same</i></p>
	<p>23</p> <p>1 oz Beef BBQ Sandwich 1 WG Bun (1 oz) 1/8 c Cauliflower 1/8 c Pineapple 1/2 c Milk</p> <p><i>Veg: 1 Vegetarian Burger</i></p>	<p>24</p> <p><u>Make Your Own Bowl</u> 1/4 c Popcorn Chicken (2oz) 1/4 c Mashed Potatoes 1 oz WG Dinner Roll 1/4 c Diced Honeydew 3/4 c Milk</p> <p><i>Veg: 2 Vegetarian Nuggets</i></p>	<p>25</p> <p><u>Penne Meatballs</u> 2 Meatballs (1.5 oz) & w marinara Sauce 1/8 c G Penne Pasta 1/8 c Steamed Spinach w Ranch 1/8 c Applesauce 1/2 c Milk</p> <p><i>Veg: 1/4 c Penne with Cheese</i></p>	<p>26</p> <p>1/4 c Chicken Curry Casserole 1 oz Flatbread 1/8 c Mixed Vegetables 1/8 c Fresh Fruit Salad 1/2 c Milk</p> <p><i>Veg: Southwest Tofu Scrumble</i></p>	<p>27</p> <p><u>Make Your Own Pizza</u> 1 oz English Muffin 1 oz Shredded Mozzarella Cheese 1/8 c Marinara Sauce 1/8 c Parmesan Roasted Broccoli 1/8 c Mandarin Oranges 1/2 c Milk</p> <p><i>Veg: Same</i></p>
	<p>30</p> <p>2 CN Chicken Patty Sandwich w/ Cheddar Cheese 1 oz WG Bun 1/8 c Green Beans 1/8 c Applesauce 1/2 c Milk</p> <p><i>Veg: 2 Vegetarian Nuggets</i></p>	<p>31</p> <p>1/4 c Cuban Black Bean Rice (#6 scoop- black beans, #8 scoop- rice) 1/4 c Brown Rice 1/8 c Steamed Baby Carrots w Italian 1/8 c Diced Honeydew 1/2 c Milk</p> <p><i>Veg: Same</i></p>			