

**HOLLIN HALL**

**JULY 2018**

**LK PORTIONS**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>JULY 2</b> OVEN BAKED CHICKEN BREAST PATTY SANDWICH, 1 EA WHEAT HAMBURGER ROLL, 1 EA HONEY MUSTARD SAUCE SWEET TENDER PEAS, 1/4 C ALL NATURAL APPLESAUCE</p>	<p><b>JULY 3</b> CREAMY MACARONI &amp; CHEESE, 1/2 C 100% WHOLE GRAIN BREAD, 1/2 SL MIXED FRESH VEGETABLE W/CREAMY RANCH DIP, 1/4 C FRESH DICED MELONS, 3/8 C <b>TODS AND TWOS</b> 3-WAY HOT MIXED VEGGIE</p>	<p><b>JULY 4</b> <b>HAPPY 4TH OF JULY!!!</b></p>	<p><b>JULY 5</b> ITALIAN BEEF MEATBALL SUB, 3 EA SUB ROLL, 1/2 EA SHREDDED MOZZARELLA CHEESE, 1/2 OZ GREEN BEANS, 1/4 C FRESH APPLE, 3/8 C <b>TODS AND TWOS</b> CHILLED APPLE SAUCE</p>	<p><b>JULY 6</b> BREAKFAST FOR LUNCH !! DANIMALS VANILLA YOGURT, 1 EA WG BUTTERMILK PANCAKES W/ NO HFC SYRUP, 1 EA TURKEY SAUSAGE PATTY, 1 EA FRESH ORANGE WEDGES, 4 PCS <b>TODS AND TWOS</b> MIXED FRUIT IN JUICE</p>
<p><b>JULY 9</b> ROASTED TERIYAKI CHICKEN STRIPS, 3 EA BRN WHL GRAIN RICE, 1/4 C FRESH BABY CARROTS W/RANCH DIP, 1/4 C MIXED FRUIT IN JUICE (NO PINEAPPLE), 3/8 C <b>TODS AND TWOS</b> CARROT COINS</p>	<p><b>JULY 10</b> LEAN BEEF HAMBURGER PATTY, 1 EA WHEAT HAMBURGER ROLL W/ NO HFC KETCHUP, 1 EA W/ CHEESE, 1 SL SWEET YELLOW CORN, 1/4 C FRESH BANANA, 1/2 EA</p>	<p><b>JULY 11</b> TURKEY CORN DOG NUGGETS, 4 EA W/ NO HFC KETCHUP TOSSED SALAD W/ MIXED GREENS, CREAMY RANCH DRESSING, 1/4 C FRESH ORANGE WEDGES, 2 PCS <b>TODS AND TWOS</b> CHILLED DICED PEARS SWEET TENDER PEAS</p>	<p><b>JULY 12</b> CHICKEN FAJITAS, 1/3 C LO-FAT SHREDDED CHEDDAR, 1/2 OZ WHOLE WHEAT 6" TORTILLA, 1 EA GREEN BEANS, 1/4 C FRESH FRUIT SALAD, 3/8 C (MELONS, FRESH PINEAPPLE)</p>	<p><b>JULY 13</b> **BAKED ZITI** MEATLESS CONTAINS SOY, 2 OZ ITALIAN RED SAUCE W/ THREE CHEESES, 1/2 C 5-WAY HOT MIXED VEGETABLES, 1/4 C ITALIAN BREAD, 1 SL FRESH CANTALOUPE, 1SL</p>
<p><b>JULY 16</b> BEEF MEATBALLS &amp; GRAVY, 3 EA WHOLE GRAIN RICE, 1/4 C FRESH BABY CARROTS W/RANCH DIP, 1/4 C ALL NATURAL APPLESAUCE <b>TODS AND TWOS</b> SWEET TENDER PEAS</p>	<p><b>JULY 17</b> PIZZA PASTA BAKE BEEF CRUMBLES, CHICKEN &amp; BEEF PEPPERONI, TOMATO SAUCE, PASTA, 1/2 C SHREDDED MOZZARELLA CHEESE, 1/2 OZ TOSSED SALAD W/ MIXED GREENS, CREAMY RANCH DRESSING, 1/4 EA FRESH BANANA, 1/2 EA <b>TODS AND TWOS</b> CARROT COINS</p>	<p><b>JULY 18</b> WHOLE GRAIN CHICKEN BITES W/ NO HFC KETCHUP, 3 EA 100% WHOLE GRAIN BREAD, 1/2 SL CAESAR SALAD W/ ROMAINE DRESSING &amp; PARMESAN, 1/4 C FRESH ORANGE WEDGES, 2 PCS <b>TODS AND TWOS</b> GREEN BEANS MIXED FRUIT IN JUICE</p>	<p><b>JULY 19</b> BEEF SLIDERS, FLAME BROILED MINI BEEF BURGER, 1 EA SLIDER ROLL W/ KETCHUP NO HFC, 1 EA FANCY SHRED MONTEREY &amp; CHEDDAR CHEESE, 1/2 OZ SWEET YELLOW CORN, 1/4 C FRESH APPLE, 3/8 C <b>TODS AND TWOS</b> ALL NATURAL APPLESAUCE</p>	<p><b>JULY 20</b> NEW GRILLED CHICKEN PATTY, 1 EA WHEAT HAMBURGER ROLL, 1 EA HONEY MUSTARD SAUCE SWEET TENDER PEAS, 1/4 C SEEDLESS WATERMELON, 1SL <b>TODS &amp; TWOS</b> PEACHES IN JUICE</p>
<p><b>JULY 23</b> CHICKEN SLIDER ON A BUN, 1 EA FANCY SHRED CHEDDAR CHEESE, 1/2 OZ W/ NO HFC KETCHUP STEAMED GREEN BEANS, 1/4 C MIXED FRUIT IN JUICE (NO PINEAPPLE), 3/8 C</p>	<p><b>JULY 24</b> CHICKEN TENDERS, GLUTEN FREE, 3 EA W/ NO HFC KETCHUP WHOLE GRAIN RICE, 1/4 C FRESH BABY CARROTS W/RANCH DIP, 1/4 C FRESH APPLE, 3/8 C <b>TODS AND TWOS</b> CARROT COINS / APPLESAUCE</p>	<p><b>JULY 25</b> BEEF SLIDERS, FLAME BROILED MINI BEEF BURGER, 1 EA FANCY SHRED CHEDDAR CHEESE, 1/2 OZ SAVORY MASHED POTATOES, 1/4 C PINEAPPLE TIDBITS IN JUICE, 3/8 C <b>TODS AND TWOS</b> DICED PEACHES IN JUICE</p>	<p><b>JULY 26</b> WHL GRAIN SPAGHETTI PASTA W/ BEEF MEAT MARINARA, 1/2 C PARMESAN CHEESE, 1/2 OZ TOSSED SALAD W/ MIXED GREENS, CREAMY RANCH DRESSING, 1/4 C FRESH BANANA, 1/2 EA <b>TODS AND TWOS</b> SWEET TENDER PEAS</p>	<p><b>JULY 27</b> CHICKEN BREAST CHUNK BONELESS WING DING, 3 EA W/ NO HFC KETCHUP WHEAT DINNER ROLL, 1 EA 5-WAY HOT MIXED VEGETABLE, 1/4 C FRESH ORANGE WEDGES, 2 PCS <b>TODS AND TWOS</b> DICED PEACHES IN JUICE</p>
<p><b>JULY 30</b> OVEN BAKED CHICKEN BREAST PATTY SANDWICH, 1 EA WHEAT HAMBURGER ROLL, 1 EA HONEY MUSTARD SAUCE SWEET TENDER PEAS, 1/4 C ALL NATURAL APPLESAUCE</p>	<p><b>JULY 31</b> CREAMY MACARONI &amp; CHEESE, 1/2 C 100% WHOLE GRAIN BREAD, 1/2 SL MIXED FRESH VEGETABLE W/CREAMY RANCH DIP, 1/4 C FRESH DICED MELONS, 3/8 C <b>TODS AND TWOS</b> 3-WAY HOT MIXED VEGGIE</p>			

Portions meet CACFP requirements for 3 to 5 year olds. All alternates discussed on an individual basis as needed.  
Specializing in Day Care and School Lunch Programs and Business and Office Luncheons  
6 oz milk required with each meal