

**HOLLIN HALL**

**JANUARY 2019**

**LK PORTIONS**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p><b>JANUARY 1</b></p> <p><b>**HAPPY NEW YEAR**</b></p>	<p><b>JANUARY 2</b></p> <p>WHOLE GRAIN CHICKEN BITES W/ NO HFC KETCHUP, 3 EA 100% WHOLE GRAIN BREAD, 1/2 SL CAESAR SALAD W/ ROMAINE DRESSING &amp; PARMESAN, 1/4 C FRESH ORANGE WEDGES, 2 PCS <b>TODS AND TWOS</b> GREEN BEANS MANDARIN ORANGES</p>	<p><b>JANUARY 3</b></p> <p>BEEF SLIDERS, FLAME BROILED MINI BEEF BURGER, 1 EA SLIDER ROLL W/ KETCHUP NO HFC, 1 EA FANCY SHRED MONTEREY &amp; CHEDDAR CHEESE, 1/2 OZ SWEET YELLOW CORN, 1/4 C FRESH APPLE, 3/8 C <b>TODS AND TWOS</b> ALL NATURAL APPLESAUCE</p>	<p><b>JANUARY 4</b></p> <p>GRILLED CHICKEN BREAST FILET, NAE, 1 EA WHEAT HAMBURGER ROLL, 1 EA HONEY MUSTARD SAUCE SWEET TENDER PEAS, 1/4 C FRESH FRUIT SALAD (MELONS, FRESH PINEAPPLE)</p>
<p><b>JANUARY 7</b></p> <p>CHICKEN SLIDER ON A BUN, 1 EA FANCY SHRED CHEDDAR CHEESE, 1/2 OZ W/ NO HFC KETCHUP STEAMED GREEN BEANS, 1/4 C MIXED FRUIT IN JUICE (NO PINEAPPLE), 3/8 C</p>	<p><b>JANUARY 8</b></p> <p>CHICKEN TENDERS, GLUTEN FREE, 3 EA W/ NO HFC KETCHUP WHOLE GRAIN RICE, 1/4 C FRESH BABY CARROTS W/RANCH DIP, 1/4 C FRESH APPLE, 3/8 C <b>TODS AND TWOS</b> CARROT COINS / APPLESAUCE</p>	<p><b>JANUARY 9</b></p> <p>BEEF SLIDERS, FLAME BROILED MINI BEEF BURGER, 1 EA FANCY SHRED CHEDDAR CHEESE, 1/2 OZ SAVORY MASHED POTATOES, 1/4 C PINEAPPLE TIDBITS IN JUICE, 3/8 C <b>TODS AND TWOS</b> DICED PEACHES IN JUICE</p>	<p><b>JANUARY 10</b></p> <p>WHL GRAIN SPAGHETTI W/ BEEF &amp; TURKEY MEAT MARINARA, 1/2 C PARMESAN CHEESE, 1/2 OZ TOSSED SALAD W/ MIXED GREENS, CREAMY RANCH DRESSING, 1/4 C FRESH BANANA, 1/2 EA <b>TODS AND TWOS</b> SWEET TENDER PEAS</p>	<p><b>JANUARY 11</b></p> <p>CHICKEN BREAST CHUNK BONELESS WING DING, 3 EA W/ NO HFC KETCHUP WHEAT DINNER ROLL, 1 EA 5-WAY HOT MIXED VEGETABLE, 1/4 C FRESH ORANGE WEDGES, 2 PCS <b>TODS AND TWOS</b> MANDARIN ORANGES</p>
<p><b>JANUARY 14</b></p> <p>OVEN BAKED CHICKEN BREAST PATTY SANDWICH, 1 EA WHEAT HAMBURGER ROLL, 1 EA HONEY MUSTARD SAUCE SWEET TENDER PEAS, 1/4 C ALL NATURAL APPLESAUCE</p>	<p><b>JANUARY 15</b></p> <p>CREAMY MACARONI &amp; CHEESE, 1/2 C 100% WHOLE GRAIN BREAD, 1/2 SL MIXED FRESH VEGETABLE W/CREAMY RANCH DIP, 1/4 C FRESH DICED MELONS, 3/8 C <b>TODS AND TWOS</b> 3-WAY HOT MIXED VEGGIE</p>	<p><b>JANUARY 16</b></p> <p>MEXICAN BEEF NACHO FIESTA, 1/4 C W/ SHRED CHEDDAR CHEESE, 1/2 OZ CORN TORTILLA CHIPS, 1/4 C FRESH BABY CARROTS W/RANCH DIP, 1/4 C DICED PEARS IN JUICE, 3/8 C <b>TODS AND TWOS</b> WHEAT DINNER ROLL CARROT COINS</p>	<p><b>JANUARY 17</b></p> <p>ITALIAN BEEF MEATBALL SUB, 3 EA SUB ROLL, 1/2 EA SHREDDED MOZZARELLA CHEESE, 1/2 OZ GREEN BEANS, 1/4 C FRESH APPLE, 3/8 C <b>TODS AND TWOS</b> CHILLED APPLE SAUCE</p>	<p><b>JANUARY 18</b></p> <p>BREAKFAST FOR LUNCH !! DANIMALS VANILLA YOGURT, 1 EA WG BUTTERMILK PANCAKES W/ NO HFC SYRUP, 1 EA CHICKEN SAUSAGE PATTY, 1 EA FRESH ORANGE WEDGES, 4 PCS <b>TODS AND TWOS</b> MANDARIN ORANGES</p>
<p><b>JANUARY 21</b></p> <p><b>MARTIN LUTHER KING HOLIDAY</b></p>	<p><b>JANUARY 22</b></p> <p>LEAN BEEF HAMBURGER PATTY, 1 EA WHEAT HAMBURGER ROLL W/ NO HFC KETCHUP, 1 EA W/ CHEESE, 1 SL SWEET YELLOW CORN, 1/4 C FRESH BANANA, 1/2 EA</p>	<p><b>JANUARY 23</b></p> <p>TURKEY CORN DOG NUGGETS, 4 EA W/ NO HFC KETCHUP TOSSED SALAD W/ MIXED GREENS, CREAMY RANCH DRESSING, 1/4 C FRESH ORANGE WEDGES, 2 PCS <b>TODS AND TWOS</b> MANDARIN ORANGES SWEET TENDER PEAS</p>	<p><b>JANUARY 24</b></p> <p>CHICKEN FAJITAS, 1/3 C LO-FAT SHREDDED CHEDDAR, 1/2 OZ WHOLE WHEAT 6" TORTILLA, 1 EA GREEN BEANS, 1/4 C FRESH FRUIT SALAD, 3/8 C (MELONS, FRESH PINEAPPLE)</p>	<p><b>JANUARY 25</b></p> <p><b>**BAKED ZITI** MEATLESS CONTAINS SOY, 2 OZ</b> ITALIAN RED SAUCE W/ THREE CHEESES, 1/2 C 5- WAY HOT MIXED VEGETABLES, 1/4 C ITALIAN BREAD, 1 SL DICED PEACHES IN JUICE, 3/8 C</p>
<p><b>JANUARY 28</b></p> <p>BEEF MEATBALLS &amp; GRAVY, 3 EA WHOLE GRAIN RICE, 1/4 C FRESH BABY CARROTS W/RANCH DIP, 1/4 C ALL NATURAL APPLESAUCE <b>TODS AND TWOS</b> SWEET TENDER PEAS</p>	<p><b>JANUARY 29</b></p> <p>PIZZA PASTA BAKE BEEF CRUMBLIES, CHICKEN &amp; BEEF PEPPERONI, TOMATO SAUCE, PASTA, 1/2 C SHREDDED MOZZARELLA CHEESE, 1/2 OZ TOSSED SALAD W/ MIXED GREENS, CREAMY RANCH DRESSING, 1/4 EA FRESH BANANA, 1/2 EA <b>TODS AND TWOS</b> CARROT COINS</p>	<p><b>JANUARY 30</b></p> <p>WHOLE GRAIN CHICKEN BITES W/ NO HFC KETCHUP, 3 EA 100% WHOLE GRAIN BREAD, 1/2 SL CAESAR SALAD W/ ROMAINE DRESSING &amp; PARMESAN, 1/4 C FRESH ORANGE WEDGES, 2 PCS <b>TODS AND TWOS</b> GREEN BEANS MANDARIN ORANGES</p>	<p><b>JANUARY 31</b></p> <p>BEEF SLIDERS, FLAME BROILED MINI BEEF BURGER, 1 EA SLIDER ROLL W/ KETCHUP NO HFC, 1 EA FANCY SHRED MONTEREY &amp; CHEDDAR CHEESE, 1/2 OZ SWEET YELLOW CORN, 1/4 C FRESH APPLE, 3/8 C <b>TODS AND TWOS</b> ALL NATURAL APPLESAUCE</p>	

Portions meet CACFP requirements for 3 to 5 year olds. All alternates discussed on an individual basis as needed.  
Specializing in Day Care and School Lunch Programs and Business and Office Luncheons  
6 oz milk required with each meal